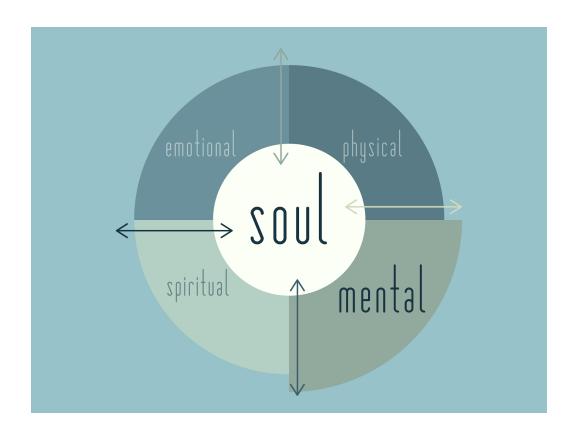
Restoring The Soul



Mental

This part has to do with

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"For you created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made; Your works are wonderful, I know that full well." - Psalm 139:13-14

Intelligence Tests 1. 2. 3. 4. 5. 6. 7. 8.

Different Personality Tests

- 1. DISC <u>www.discpersonalitytesting.com</u>
- 2. Myers-Brigg <u>www.16personalities.com</u>

Thoughts

Caroline Leaf Video	"How to Detox	your brain Part 1"
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"Our thoughts can lead to significant structural	al
changes in the brain in as little as	

It takes about	 to break down
toxic thoughts.	

<u>Resources</u>

- 1. "The Brain that Changes Itself" by Norman Doidge
- 2. "Who Switched off my brain?" by Dr. Caroline Leaf
- 3. "Battlefield of the Mind" by Joyce Meyer