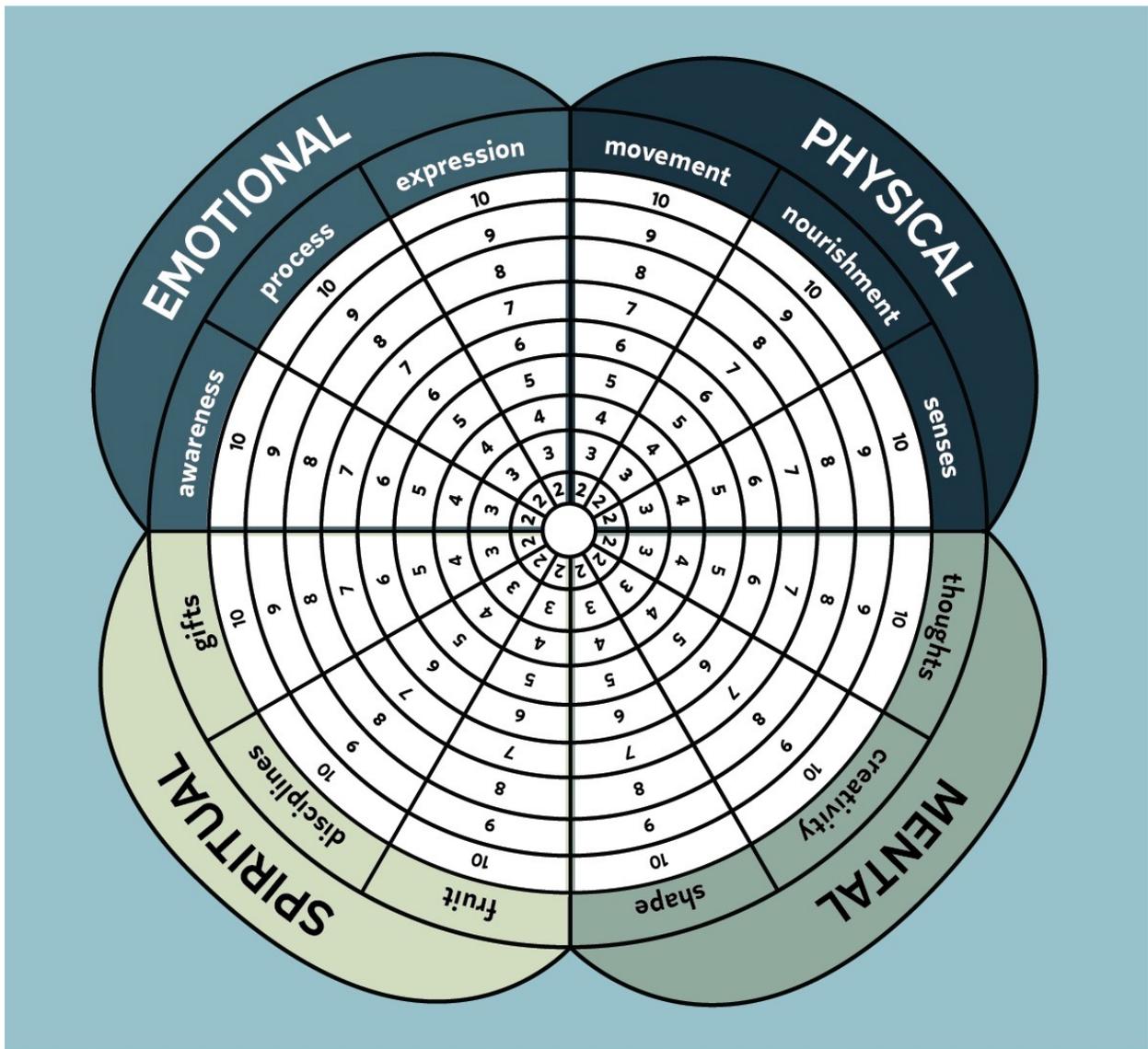


Restoring The Soul How are you doing?



10= I'm knocking this out of the park.

2=I am severely struggling

What area is doing well?

How can I optimize this?

What area needs some attention?

What is my action plan to find restoration?

- Create new habits
- Stop doing something
- Rest
- Is there a lie involved?
- Talk to a friend
- Talk to a professional
- -----